

# In the Loop

a monthly publication for members of the  
Bismarck Figure Skating Club

Bismarck Figure Skating Club

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## Staying "in the loop"

There are always many things happening in the Bismarck Figure Skating Club and whether you are a new skater or parent to the club or have been with the club for more than a year, it is important to stay informed.

It is a challenge to communicate with all the skaters and parents since we are never all in one place at one time, so we have to depend on other methods to share important information. Here are some ways that you can stay informed:

Every skater has a folder with their name on it. The folder serves as a mailbox and is available in a portable file box during lessons. It is important to check your folder every

time you skate. If you do not know where the file box is located, please ask your coach or the program director.

*In the Loop*, our monthly newsletter, is new to our club and will serve to provide an overview of all that is happening in the club each month.

If you prefer to stay informed online, visit our new website [www.bismarckfigureskatingclub.com](http://www.bismarckfigureskatingclub.com). Finally, if you have any information to submit for our newsletter or to post to our website, contact Michelle Thompson via the contact us form on our website.



1:30 p.m.  
December 7  
Advanced/Synchro  
Exhibition

## Great skating at the Granite City Classic

The Bismarck Figure Skating Club was represented at the Granite City Classic in St. Cloud, Minn. November 7–9, 2008 by 18 individual figure skaters. The categories of competition included

freeskate, compulsory, spins, jumps, dance, moves and artistic. The skaters from our club won a combined total of 13 gold, 15 silver, 9 bronze and 7 fourth place trophies. Visit our website to view the skaters' individual results.

Two synchronized skating teams — the Chips and Chill — also competed in the synchronized skating competition and both teams won bronze medals.

## December events:

- Dec. 5–7  
Advanced test session
- Dec. 7  
Advanced and synchro exhibition
- Dec. 7  
Synchro Christmas party
- Dec. 11  
Board meeting
- Dec. 20–21  
Maplewood synchro competition

## Be a part of the Capital City Winter Classic

The announcements have been sent and it is time to begin preparations for our competition—the Capital City Winter Classic. The competition will include skaters from Snowplow Sam through Preliminary Freeskate for individual competition as well as our first ever synchronized skating competition.

The competition committee includes: Edie Markhouse,

Becky Gallion, Kay Pool, Peggy Krikava, Tawnya Inman and Cynthia Feland.

A volunteer sign-up sheet was distributed last month and meetings were held to provide more information. If you haven't talked with someone about volunteering for the competition, please consider doing so. The needs vary from ordering t-shirts, helping with decorating, working at the registration

table, hospitality for judges, posting results and more. The committee appreciates any amount of time or talent and will work to find a task that is a good fit for you. If you are able to volunteer some time in preparation for the competition or would be available to help during the competition, please contact a member of the competition committee.

## Competition: what's the point?

Competition holds many joys, but what's the point for a new Basic Skills skater? Here are some benefits to consider:

**PRACTICE:** While learning and practicing a program skaters work to make all of their skills better.

**OPPORTUNITY:** Competition provides the opportunity to be rewarded for a job well done. This

doesn't mean everyone gets first, but all Basic Skills skaters are rewarded with a ribbon or medal.

**INTEGRITY:** Skaters grow in character as they learn poise, bravery, sportsmanship and dedication—valuable lessons that reach far beyond the rink.

**NEW RELATIONSHIPS:** Skaters work one-on-one with a coach—a positive role model— and make new

competition friends. **TOTALLY FUN:** The excitement of the experience is a huge rush. The only problem may be that skaters can't get enough!

So, that is the POINT of competition. Be sure to take advantage of the Capital City Winter Classic in Bismarck on February 28. If you have questions, ask your Basic Skills coach or our Basic Skills Director, Kay Pool.

*Skaters grow in character—learning valuable lessons that reach far beyond the rink.*

## It's Ice Show time!

The skating season is in full swing and it's almost the best time of the year: Ice Show time! The theme? Well, that's still a secret...but, not for long. If you loved last year's show, this year is going to be even more exciting!

The show's directors are Becky Gallion and Kay Pool. The Ice Show committee members are Kelly Bengtson, Delores Castle and Kari Knudson.

Advanced skaters have already received their registration forms for the

show and they are due December 7. Basic skaters should watch their folders for further information and registration forms to come in the near future.

We're looking forward to working with all of you to make this year's show a huge success!