

Fall/Winter Registration Form

Skater Name:

Address:

City, State, Zipcode:

Phone Number: ()

Email:

Emergency Contact: ()

Skating Level:

● **Circle Session Number:**

I	II
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● **Mark Basic Lesson day(s) with a "X":**

Thursday	Saturday	Sunday

1 day per week = \$80.00
 2 days per week = \$100.00
 3 days per week = \$120.00
 *Walk-on = \$15.00 per Class

● **Mark Specialty Class(es) with an "X":**

Class Name	Price	X
Artistry in Motion	\$60.00 per Session *\$10.00	
Hockey Power	\$60.00 per Session *\$10.00 Walk-on	
Home School Lessons	\$70.00 per Session *\$15.00 Walk-on	
Mom & Tot	\$40.00 per Session	
Private Lesson Ice	Nov. 11-Feb. 17=\$35.00 *Walk-on = \$5.00	
Saturday Stroking	\$60.00 per Session *\$10.00 Walk-on	
Sunday Stroking	\$60.00 per Session *\$10.00 Walk-on	
Tot Synchro	\$60.00 per Session	

*Walk-on is due at the time of the class

● **Price List:**

Mid-Session Registration is ½ of Above Prices

Basic Lesson Total	
Specialty Class Total	
Final Total	

Bismarck Figure Skating Club Basic Skills Program



Session I-Fall

September 10 – November 1, 2009
 Registration Due September 10, 6:00-8:30 pm
 VFW Arena Rink 1 Lobby

Session II-Winter

November 5, 2009 – February 21, 2010
 Registration Due November 5, 6:00-8:30 pm
 VFW Arena Rink 1 Lobby

Special Events:

Session I Mid-Session Registration

October 8, 2009

Ice Show Sign-Up

November 5, 2009

Competition Camp

November 14, 15, 2009

Bismarck Winterskate Competition

December 5, 6, 2009

Winter Holiday Party

December 17, 2009

Hockey Technique Clinic

December 19, 20, 2009

Rust Off Seminar

January 7, 9, 10, 2010

Session II Mid-Session Registration

January 14, 2010

Bridge Camp

January 21, 23, 24, 2010

In-House Competition

February 11, 13, 14, 2010

*More information will follow on these and other exciting events!

Contact Us!

www.bismarckfigureskating.org

Kay Pool

Attn: Basic Skills

1045 Tacoma Ave. #217

Bismarck, ND 58504

906.869.4597

kaymlarson@gmail.com

Welcome to the Bismarck Figure Skating Club's Basic Skills Program! We are so excited about the 2009-2010 season, there are many new and exciting things happening. We hope to see you this winter at the rink!

Sincerely,


Basic Skills Director

Class Descriptions:

Artistry in Motion: Skating is not just about edges and turns, but expression and creativity as well. This class will focus on the “second mark” of skating, the part that makes it so fun to watch.

Hockey Power: No sticks, pads, or helmets needed! Skates are the only equipment you need for this class! The focus will be edges, turns, speed, agility, and quickness.

Home School Ice: Afternoon ice and lessons open to all home schooled children. Group lessons will be available from 2:00 – 2:30 and then 15 minutes of free ice time will follow.

Mom & Tot: A special class designed for moms and their toddlers to get out and enjoy the ice together. The 45 minute class will include instruction, games, and free skating time. This class is all about fun!

Private Lesson Ice: Private lessons are a great way to work on individual skills and to prepare for competition. You can choose your own private lesson coach and work one-on-one with them during this time.

Snow Plow Sam, Basic, and Freestyle Group Lessons: These classes are the pillars of the United States Figure Skating Basic Skills program. Skaters will learn all the skating basics necessary to enjoy skating their whole life long. They include a half-hour of freetime to practice the skills learned in the lessons.

Stroking (Saturday and Sunday): Becoming a stronger skater means working on edges, turns, power, quickness, and control. Any skater in levels Basic 3 and above will benefit from this class.

Tot Syncho: The Bismarck Figure Skating Club is famous in the area for great Synchronized skating teams, and we want to give our newest skaters a chance to enjoy this discipline of the sport. Working with a team inspires comradare, cooperation, and of course fun, for skaters and parents too!

Rink Information:

From September 10th through November 8th all classes will be held at the VFW Arena Rink 1. **Starting November 12th all classes with the exception of Sundays will be held at Shaumburg Arena.** Sundays will continue at the VFW Arena Rink 1.

Fall/Winter Schedule	
Monday	
Mom & Tot	2:00 – 2:45 PM
Tuesday	
Home School Ice	2:00 – 2:45 PM
Wednesday	
*Private Lesson Ice	6:00 – 8:00 PM
Hockey Power	8:00 – 8:30 PM
Thursday	
*Tot Synchro	6:30 – 7:00 PM
Snow Plow Sam 1 - Basic 2	7:00 – 7:30 PM
Basic 3 - Basic 7	7:30 – 8:00 PM
Basic 8 - Freestyle 1 - 6	8:00 – 8:30 PM
Saturday	
Snow Plow Sam 1 - Basic 2	9:00 – 9:30 AM
Basic 3 - Basic 7	9:30 – 10:00 AM
*Saturday Stroking	10:00 – 10:30 AM
Basic 8 - Freestyle 1 - 6	10:30 – 11:00 AM
Sunday	
Snow Plow Sam 1 - Basic 2	5:00 – 5:30 PM
Basic 3 - Basic 7	5:30 – 6:00 PM
*Sunday Stroking	6:00 – 6:30 PM
Basic 8 - Freestyle 1 - 6	6:30 – 7:00 PM
*Artistry in Motion	7:00 – 7:30 PM

*A skater must participate in regular Basic Lessons (Snow Plow Sam 1-Freestyle 6) or Hockey Power to be eligible for the starred Specialty Classes.