

BFSC Winter Registration 2009-2010
Registration **Deadline September 4th**, 2009
All Registrations **MUST** be received by mail
\$25.00 charge for all registrations received after Sept. 4th 2009

Welcome to the BFSC Advanced Program regular season! We have some new changes added to the program this year. There will no longer be a "fall session" as in years past, we will begin our regular season on September 8 2009 and will run through February 28 2010. The new schedule and fees reflect this change for our season.

The registration is done on a first come, first serve basis for the ice times. They will be counted by the postmark date, no metered mail will be accepted. We have a maximum of 27 skaters allowed on each session. Club policy states all previous statement balances must be paid to the club and the private lesson coaches prior to accepting a new registration form. No registrations will be accepted until payment for prior balances have been received. Questions about club payments should be directed to the treasurer: John Stumpf at: Istumpf@bis.midco.net. The registration fees pay for the entire amount of ice time from September 8 2009- February 28 2010. You are strictly paying for the ice times. All private lessons are paid separately to the individual coaches and are not included in the registration fees.

Another change we will be implementing is the Saturday morning sessions. The Saturday morning sessions will begin at VFW Arena 1 from September 12- November 7. We will then be moving to Schaumburg Arena for the Saturday morning sessions on November 14- Feb 27. The Tuesday and Thursday morning sessions will remain at VFW arena for the entire season. The afternoon sessions will move to Schaumburg Arena on November 9 2009.

We will be welcoming more new advanced skaters this season and we are happy to have them join the program. With this great addition of new skaters, the club has hired two new coaches to help accommodate our program needs. Laurey Hyland and Brandy Neuberger have join our advanced staff and we are excited to have them on board. All new skaters planning to join the advanced program will need to contact me at mjtheel@msn.com for advanced enrollment information.

The lettering requirement for advanced skaters requires a total of 70 hours of advanced ice time throughout the regular season. Skaters in grades 7-12 qualify to receive recognition or a letter by the Bismarck public school system. In order to obtain 70 hours of ice time throughout the season, each skater will need to skate a **minimum of 4 hours a week**. Synchronized skating is counted as one hour per week in addition to the advanced skating hours. It is best to discuss your hours and schedule with your coach, **PRIOR** to registering for the sessions in order to meet any club hour requirements.

Ice show requirements have not been distributed at this time. Skaters interested in qualify in specialty numbers for the show will need to obtain a **minimum of 70 hours** for the season and will qualify by their skating levels. There may be additional requirements set by the committee for the ice show. All advanced skaters are included in the advanced group numbers for the show and do not need to obtain the 70 hours to participate in the group ice show numbers. Again, it is best to consult with your private lesson coach on the number of skating hours when registering.

All skaters that are in grades 7-12 must skate one morning session a week during the regular season. The sessions have been divided into high, low, combined and open and are divided by the schedule below. The coaches have discretion to place skaters on sessions with the director's approval. Priority for ice time registration will be given to those who qualify based on their levels as stated below. Do not register for sessions without FIRST checking with your coach for lesson time availability during the sessions you wish to skate.

Session Levels:

High FS(freeskate) Sessions:	Pre-Juvenile-Senior
Low FS (freeskate) Sessions:	No Test-Preliminary
Low Moves Sessions:	Pre-Preliminary- Juvenile
High Moves Sessions:	Intermediate-Senior
High Dance Sessions:	Pre-Silver-International
Low Dance Sessions:	Preliminary-Bronze
Open Sessions:	All levels
Combined Sessions:	All levels
Pro-time Sessions:	All levels

* Tuesday & Thursday morning sessions **END at 7:15** am. The coaches are not in the building to supervise after this time. Parents will need to be at the rink to pick up their skater by the end of these am sessions.

If you have questions about the advanced registration or the sessions, please contact Advanced Director, Missy Theel at mjtheel@msn.com or #258-7835 (calling hours between 10am-2pm Mon-Fri).

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Advanced Program Calendar 2009-2010 Season

Competition Locations:	Dates: 2009-2010	Levels:
St. Cloud FSC, St. Cloud MN	Nov. 13-14	All Levels
Bismarck FSC	Dec. 6	Preliminary Level & below
Minot FSC	Jan. 9-10	All Levels
EGF FSC, East Grand Forks MN	Jan. 23-24	All Levels
Duluth FSC, Duluth MN	Jan. 29-31	All Levels
Fargo FSC	Feb. 12-14	All Levels

Test Sessions:	Dates: 2009-2010
Minot FSC, Minot ND	Oct. 31 2009
Bismarck FSC	Dec. 3-5 2009
Minot FSC, Minot ND	Jan. 8 2010
Bismarck FSC	Feb. 27-28 2010

Rink Schedule 2009-2010:

Dates:	Rink:
Sept. 8 Regular Season Start Date	VFW Arena 1
Oct. 17 & 18 Grassroots to Champions Seminar	VFW Arena 1 or 2
Nov. 9 Afternoon Sessions & Sat. AM Sessions move:	Schaumberg Arena
Tuesday & Thursday AM Sessions stay at:	VFW Arena 1
Christmas Ice Schedule: Dec. 23-Dec. 31 2009	Schaumberg Arena (schedule TBA)

No Regular Skating Session Dates 2009-2010:

Nov. 25 & 26	Thanksgiving Break
Dec. 5	Bismarck Test Session
Dec. 25 & 26	Christmas Eve & Christmas Day
Dec. 23- 31	Christmas Ice Schedule (TBA)
Jan. 1 & 2	New Year's Eve & New Year's Day
Jan. 9	Minot Competition
Feb. 12 & 13	Fargo Competition
Feb. 27	Bismarck Test Session

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**Coaching Staff 2009-2010 Regular Season
September 8 2009-February 28 2010**

Primary Coaches:

Missy Theel
Advanced Director
mjtheel@msn.com
#258-7835

Becky Gallion
beckycoach@hotmail.com
#223-1084

Kay Pool
kaymlarson@gmail.com
#906-869-4597

Emily Zahn
emers59@hotmail.com
#220-5757

Brooke Grosz
brookegrosz@hotmail.com
#870-0011

Laurey Hyland
Ljhyland82@gmail.com
#970-218-2368

Secondary Coaches:

*All lessons with secondary coaches must be set up through your primary coach.

Dana LaVallie
jds@westriv.com
#391-8042

Brandy Neuberger
Figure_sk8er_89@hotmail.com
#870-1461

All skaters are **REQUIRED** to contact their coach directly for private lessons.

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Liability Waiver

September 8 2009 -February 27 2010

All skaters must have a current waiver on file before they can
Skate on the Bismarck Figure Skating Club of Bismarck ice.

Participation Information		
Last Name:	First Name:	
Street Address:		
City:	State:	Zip:
Age:	Day Phone:	Evening Phone:
Hold Harmless: Signature Required		

I, the undersigned, do hereby release and hold harmless the Figure Skating Club of Bismarck, Inc. nonprofit corporation, it's employees, agents and all other persons acting in it's behalf, including volunteers, from any and all claims, demands, and right of action whatsoever, which I ever had, which I have now or may have on account of injury or injuries both known and unknown for bodily injury, property damage, loss of services and medical expenses sustained by me or my child which may hereafter arise as a result of my participation in activities of the Figure Skating Club of Bismarck, Inc. I agree that I will carry insurance to cover such injuries, or will self-insure.

Adult Skater Name and Signature: or	Name: Signature:	Date:
Parent or Guardian Name and Signature:	Name: Signature:	Date:

Medical Authorization: Signature Required:		
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I give permission for the Bismarck FSC or the rink management to obtain emergency medical help if I or my child is injured or becomes ill during skating activities:

Adult Skater Signature:	Date:
Parent or Guardian Signature:	Date:
Emergency Contact Person:	Phone #:

MAIL IN THIS FORM

2009-2010 Volunteer Form

Skater Name:
 Parent Name:
 Phone Number:
 Email:
 Date:

The success of the Club is dependent on the commitment of our volunteers. Effective September 8, 2009 with the new membership year, each Bismarck FSC family will be required to volunteer in at least two club events during the winter season, this does not include Ice Show volunteering. All members are required to volunteer to support the operation of the club. A volunteer form must be completed and submitted with your registration. The volunteer choices and dates of activities are listed on the form below. Please mark your choices clearly and return form with your registration. The club's activities are run completely by volunteers, please do your part and help wherever possible.

Test Sessions	December 3, 4, & 5 2009 Schaumburg & VFW Arena	February 26 & 27 2010 Schaumburg Arena
Announcing/Music		
Hospitality Room		
Results/Runners		
Set Up & Take Down		
Judges Transportation		
Judges Accommodations		
Judges Travel Arrangements		

Bismarck Competition	December 5 & 6 2009 at VFW Rink 1 & 2
Accounting Room	
Awards	
Judges Hospitality	
Judges Transportation	
Ice Monitor/Result Runners	
Music Player/Announcing	
Practice Ice	
Pros Hospitality Room	
Registration Desk	
Registration Distribution	
Registration Collection	
Set up/ Take Down	
Vendors	
Photography	
Welcome Packets	

Ice Show Volunteer Forms will be available with the Ice Show registration forms.

MAIL IN THIS FORM